national down syndrome society
ADULT SUMMIT
ON THE ROAD · 2022

The National Down Syndrome Society (NDSS) is proud to co-host the **NDSS Adult Summit: On the Road** with the Down Syndrome Association of Jacksonville on **March 4 and 5, 2022** at the Hyatt Regency Jacksonville Riverfront.

Research Forum: Friday, March 4, 2022 from 9:00 am-3:30 pm
Hear from experts in the field about the current research initiatives and studies related to Down syndrome.

Adult Summit: Saturday, March 5, 2022 from 8:00 am-5:00 pm
Open to all individuals in the disability community with a focus on caregivers, family members, professionals, and people with Down syndrome or other intellectual disabilities.

Research Forum Presentations

- Why is Down Syndrome Research Important
- Alzheimer's Disease: Hope Through Research
- ABC-DS: The Search for Biomarkers of Alzheimer's Disease in Down Syndrome
- Updates in Alzheimer's Research
- Using Epidemiology to Better Understand the Health of Adults with Down Syndrome
- Alzheimer's Disease and Down Syndrome Panel: Ask the Experts

- Impact of the COVID-19 Pandemic on Adults with Down Syndrome
- Diversity and Inclusion in Down Syndrome Research: NIH and the INCLUDE Project
- Hope for the Future: Research Progress for Adults with Down Syndrome
- NDSS: Where Advocacy and Research Intersect

Parent & Professional Topics

- Navigating Mental and Emotional Health
- Impact of the COVID-19 Pandemic on Adults with Down Syndrome
- Lifestyle Planning and Management
- Down Syndrome and Alzheimer's Disease Research
- Six Pillars of Brain Health: Healthy Habits for a Healthy Brain
- Health Considerations When Aging with Down Syndrome

Self-Advocate Topics

- What Are Your Dreams and How Do You Plan to Reach Them?
- Going Beyond Just Living to Thriving with a Dream Future
- Emotional Wellbeing
- Healthy Choice Making
- Interactive Theater Skills
- Interactive Making Fitness Fun Sessions

Registration costs for all individuals with an intellectual or developmental disability will be paid for by the DSAJ using code "DSAJ" at registration.

Follow the link for more details and ticket information
https://www.accelevents.com/e/2022-adult-summit-on-the-road-in-jacksonville-fl#about

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